

Elk Point REVIEW

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Tuesday, July 2, 2013

Vol. 33 No. 27 • \$1 (GST incl.)

Write on!
Student wins scholarship

Page 3

4-H Beef
Winds up the year

Page 12

**Haircut day in
Heinsburg**
...Page 6



Vicki Brooker photo

Grace Franks Awards

Maureen Myshaniuk, great-niece of lifelong education advocate Grace Franks, presented the coveted awards to Elk Point Elementary's most deserving students; back row, left to right: Abby Baker, Grade 6B, Alyssa Adkins, 5A, Devon Nazarchuk, 4B, Daniel Cardinal, 4A; centre, left to right: Carson Vogel, 6A, Kingslon Zhang, 6A, Rhianna Bjorkman, 5A; front, left to right: Katelyn Boratyniec, 5B, Sydnee Crawford, 3A and Jadey Capjack, 3A. Not shown are recipients Ethan Hampson, 3B, and Delaney Nelson, 4B.

New focus for EPE Awards Day

By VICKI BROOKER
Review Staff

Elk Point Elementary School's 2013 Awards Day focused on citizenship, sportsmanship and the achievements of well-rounded students. The ceremony was a bit shorter than in previous years, and reflected the changes that have come about since the introduction of outcome-based reporting, with only the St. Paul Education Regional Division No. 1 Grade Six Academic Award based on the year's marks.

"Education is a partnership between the school and home," vice-principal Leanne Vinge said as she welcomed the families in attendance. "We feel ourselves very fortunate to be part of these children's lives." She thanked the parents, grandparents and guardians for their ongoing encouragement and support of the students, and the students themselves for a year of hard work. Students, she said, have been that the important thing is not competing with others, but to ask themselves if they tried their hardest. "Your best effort is all we ask. Being a kid isn't easy." She asked the students to "think back over your year; you all have something to be proud of."

"Today is all about kids," Principal Lorne Young said, noting that education "is truly a partnership. It gives us a good feeling to have had a small part in the making of their success." He said he was "most proud of students who push themselves. All we can ask is that you be the best you can be, and have done everything you can do."

(Continued on Page 7)

Upcoming changes to FCSS discussed

By CLARE GAUVREAU
Review Staff

Elk Point FCSS director Deanna Easthope attended the June 24 Elk Point Town Council to discuss upcoming changes in her department and to provide council with possible options on staffing moving forward. Easthope will retire at the end of this year and her assistant, Maria Cueva, will be leaving her position at the end of August.

Easthope said while the FCSS Board would like to see a full-time director in place, the existing funding structure would not allow for that. Easthope has a 20-hour work week while the assistant's position is also part-time.

With the FCSS department having moved into the Information Centre just over two years ago, Easthope said FCSS

staff often find themselves assisting with information not related to FCSS. Because of this, Easthope believes it may make sense to have a full-time person in reception at the Information Centre shared between FCSS, the chamber of commerce, possibly recreation and economic development.

"I know this is a chamber building, however, the Information Centre does need help. We do our best throughout the year with inquiries but it would be nice if a person was in place that could give more," Easthope said.

"I just think that if we got all these parties (chamber, recreation, economic development) together and sat down and said, 'OK, let's make a business decision to spend our money effectively'. Economic development's in

trouble, the chamber's in trouble, the recreational person's in trouble – somehow can those three partners become one and create a position," she asked.

Mayor Parrish Tung said the council would take Easthope's suggestion into consideration. Given the upcoming changes in staffing within the department, now is an opportune time to review how it is delivered he said. Town manager Myron Goyan was directed to explore the opportunities going forward.

Public works

At the recommendation of the Public Works Committee, council approved a number of expenditures including the purchase of a new street sweeper at a cost of \$182,737.

Also getting the nod of approval from council was: \$43,322 for pave-

ment patching, \$125,000 for pavement overlay on 46 St. from 50 Ave. to 54 Ave., \$34,313 for dust control on 47 St., Railway Avenue and 54 Ave, and \$35,000 to install solar light along the trail on 50 Ave.

Fall election

Council appointed Goyan as the returning officer for the 2013 municipal election in Elk Point. Election day is Oct. 21. An advance poll will be held Oct. 16.

Filing of nomination papers for candidates will take place Sept. 23 between 10 a.m. and 12 noon.

Garbage bins

Council discussed a concern brought forward by a ratepayer regarding the new town garbage bins being provided to residents.

(Continued on Page 2)

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New focus for Elementary Awards Day

(Continued from Front Page)

Young noted that the Awards Day "is a little different this year. The new report card isn't everyone's cup of tea." The changes are division-wide, "and there are no more academic achievement awards."

"The sheer enjoyment on the faces of the children

is a highlight of every awards day," school trustee Darrell Younghans said, adding thanks to the parents and grandparents on behalf of the students for their attendance at the event. He wished the Grade Six students all the best as they move on to junior high, and thanked Young for his years of teaching and administration.

"I've seen him do it all. His career has always been kid-centred."

Rob MacDonald, currently the principal at Heinsburg, will be taking over as Elk Point Elementary principal in September.

"This is also my last year as a trustee," Younghans said. "I thank you for the honour of representing the division for the past 12 years." One of his favourite duties throughout those years has been presenting the

citizenship awards, he said. "Communities are what we're all about, and it starts in the schools."

Citizenship awards were presented to helpful, cooperative, fair minded and sportsmanlike students from Grades 3 to 6, with the winners announced by their homeroom teachers.

Joanne and Ed Bepalko came forward to present the Bepalko Memorial Awards to two students chosen for their athletic skills, leadership ability, positive attitude and willingness to strive for the best. Jaden Van Maaron was the Grade 3 recipient, while Paige Henderson won the Grade 5 award.

Younghans returned to the podium to present the St. Paul Education Regional Division No. 1 Grade 6 Academic Award to Alyssa Duncan.

This year's Grace Franks Awards were presented by Kristy Myshaniuk, great-niece of the late Mrs. Franks, a lifetime supporter of education who passed away in 1997 at the age of 102. The awards went to the well-rounded student or students in each grade whose academic achievement was above average in all subjects.

In closing, Vinge paid homage to Young, who has been Elk Point's principal for the past 10 years, following 23 years in Heinsburg. She recalled that her son Brayden, in Grade 2 at the time, came home excited to report that Mr. Young had played soccer with the students.

"He's very hands-on, and will do anything from sweep floors to shovel snow. We won't realize all he's done until he's gone. He's a go-to guy," she noted, before handing over the microphone to Young.

"I just wanted to say thank you," Young said. "It's my last chance to have the last word, and it's been phenomenal. I've always chosen to be where people are, and it's been my honour and my pleasure to be here." Answering the many questions he has had as to his future, Young said, "I love working, but it's time to do something else and let someone else take over here. I'm going to run for town council."

Town council

(Continued from Front Page)

In a letter to council, the resident said he has no front drive on his property so there is no place to put the garbage bin for pickup and he would prefer to keep it in the back alley where it is presently. He also indicated that the ground is sloped to the street in front of his house and in the winter this could prove to be hazardous.

While Goyan said the Town really does not want to encourage people to put the garbage bins in the back alley because it defeats the purpose of having the new bins, Tung said the Town would have to consider such concerns on a case by case basis and see what can be done.

"We're not just going to say, 'suck it up buttercup'," Tung said.

*Coming next week...
full coverage of
Canada Day!*

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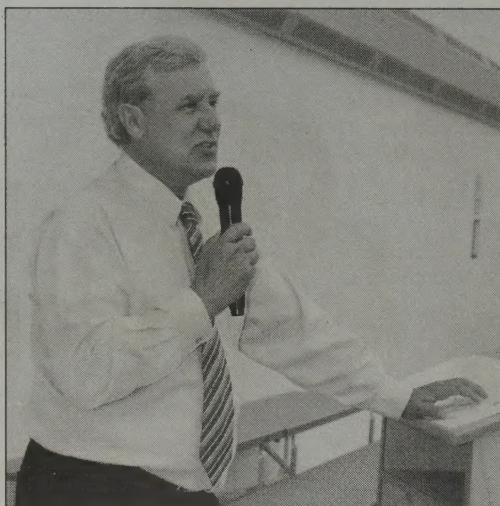
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The last word

Principal Lorne Young had the last word of the awards ceremonies and of his teaching career at Elk Point Elementary, as he retired at the conclusion of the school year. More photos, Page 7.

THANK YOU!

ELK POINT LIONS CLUB would like to thank the 110 teams, sponsors and volunteers for all the help at the 2nd Annual Moose Lake Walleye Classic on June 22 and June 23, 2013. The Elk Point Lions Club gave out more than \$80,000.00 in cash and prizes.

1st	Ron Fibke & Mark Filewich	\$27,990.00
2nd	Greg Kubel & Curt Wright	\$13,420.00
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5th	Terrance Yuschyshyn & Jeff Hughes	\$4,200.00

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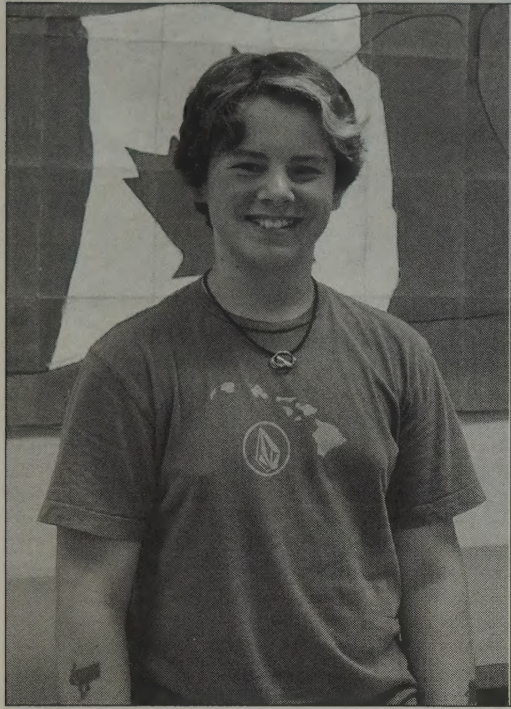
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Write on! EPE student wins scholarship



By VICKI BROOKER
Review Staff

Elk Point Elementary School Grade 6 student Parker Allen is excited that summer is finally here, because he has a new adventure just waiting to happen.

Parker is the recipient of a scholarship to a seven-day, seven-night stay at the Youth Write River Valley Experience writing camp at the Bennett Centre in Edmonton, and he got the good news on his birthday – a very special gift indeed.

Already well into writing his first book, Parker Allen is looking forward to honing his skills at the Youth Write River Valley Experience this summer.

asked school librarian Diane Dewan, found that Dewan had the necessary paperwork to apply. Parker filled out the forms, barely hoping that he would be selected, and Youngmans wrote a letter of support, citing writing skills that “far exceed expectations for a Grade 6 student” and noting that “Writing is Parker’s passion... he is well on his way to writing his first book, with over 60 typewritten pages accomplished this far.”

With over 100 applicants vying for the schol-

arship, Youngmans said, “we were crossing our fingers. Parker is gifted; he has the passion for it. He volunteers at the library, and he is a reader. They won’t be disappointed with Parker.”

When Parker researched the camp, two of the instructors immediately caught his interest. One is youth author Tyler Enfield, more commonly known to his fans as the Karakul, creator of the Wrush series, of which Parker is a big fan. Second was Broadway playwright

Vern Thiessen, who is offering a session on creating a “fantasy blueprint” as well as assisting young writers by editing their work in his Blue Pencil Café session.

Parker has sessions on writing fantasy, video game story line setting, blog posting and other intriguing topics on his camp to-do list, and has promised to share some of his adventures with us when camp is over. We’re looking forward to hearing from this promising young writer.

County councillors eyeing up fall election

By JANICE HUSER
Review Contributor

Nearly an entire summer still lies ahead before the 2013 municipal elections, and some County of St. Paul councillors have yet to decide if they will be seeking re-election on council.

The 2013 municipal election will take place on Oct. 21, with advanced polls for the County of St. Paul taking place on Oct. 12.

Division 6 Coun. Alphonse Corbiere is looking to retirement after spending nine years on council, along with 18 years as a county employee doing roadwork.

“Up to now, if nobody is willing to sit on council (in Division 6), then I guess I might have to go. Otherwise I’m thinking of retiring,” says Corbiere. He adds that over the years he has seen a lot of progress take place in the county.

“The county has gone up a long ways,” says Corbiere, adding, there have been many improvements made through the years. Corbiere is thankful for the support he has received over the years but he is now hoping that someone else will offer his or her name as a candidate for councillor.

Reeve Steve Upham is just finishing up his first term on council, and hopes to be looking toward a second term in the position.

(Continued on Page 5)

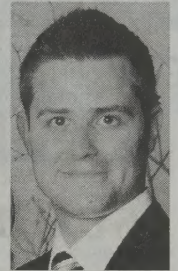
The thought of attending a writing camp has been in Parker’s mind ever since Grade 3, when his teacher told his mother about a camp in Jasper. “I didn’t even like Language Arts at that time, but I Googled it and it didn’t have any creative writing courses, so I wasn’t interested in going,” he says.

Further research led him to Youth Write camps, “but I thought I’d have to wait until I was older. Then I found out that this year they have a camp for ages 12 to 19.”

His Grade 6 teacher, Debra Youngmans, discovered that there was a scholarship available for promising young writers, and when she

Capsule Comments

by Your Natural Choice Apple Drugs pharmacist, Chris Letawsky



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- Our kidneys’ job is to filter our blood. They filter about 40 gallons of fluid every day. They hold back substances your body needs and lets the rest go out in the urine. High blood pressure or diabetes can damage the kidneys and if not controlled can result in kidney failure.
- During the hot days of summer, it’s important to keep hydrated. About 90% of our body’s cooling comes from the evaporation of sweat from our skin. During heavy exertion in hot weather, we can lose two or more litres of water in an hour. Keep your water consumption up to prevent dehydration.
- There are many summer ailments that can make our lives miserable. It may be sunburn, allergies, poison ivy, insect bites or simple diarrhea from eating too much fruit. Our pharmacists are always available for advice on the best treatment.



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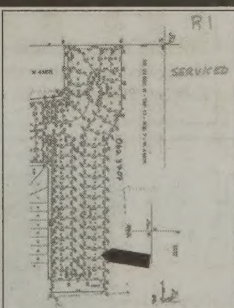
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EDITORIAL

Outcome unrewarded

The absence of academic excellence awards at the Elementary Awards Day left many in the audience feel that something was missing. Apparently, the honour associated with getting high marks must now go unrewarded.

The new outcome based reporting system has its merits, without a doubt, but to those of us who learned in the days of As, Bs, Cs, or, heaven forbid, Ds or Fs on our report cards, the transition to 'exceptional', 'average', et cetera, is not easy.

The ability of teachers to communicate with parents is enhanced in the detailed reporting system, especially in the lower grades, but if this system is extended into junior high or high school, there could be problems. Isn't a college going to need to know percentages in order to decide who qualifies to get into the programs they offer?

GUEST COLUMN

Chill out this summer with healthy drinks

BY JILLYAN JAY

Alberta Health Services

Looking for something to quench your thirst and cool you down while staying healthy this summer? Swap out those sugar-sweetened, calorie-filled beverages with a twist on our favourite summer drinks!

It's important to stay hydrated and we especially need more fluid in hot weather, however some drinks are less healthy than others and should be chosen less often. Try to limit drinks with added sugar and fat. They have more calories and can lead to weight gain, dental cavities and lower nutrient intakes. Here are some other tips:

Hydrate with water. Kick up the water a notch with some lemon, melon, lime and mint or frozen fruits. Try brewing some herbal teas and enjoy them warm or chilled.

What about cold coffee and tea drinks? Healthy drinks include brewed coffee and tea without added fat or sugar. Unfortunately, many popular coffee and tea drinks now include added fat from cream, whipped topping or ice cream and added sugar from flavoured syrups. This all leads to added calories.

Did you know a cup of iced slush coffee has 70 times more calories, 26 grams more sugar and nine grams more fat than a cup of brewed coffee? Try the following tips when ordering to make your coffee or tea drinks a bit healthier:

Go for lower-fat. Ask for lower-fat milk (skim, 1% or 2% MF) or unsweetened fortified soy beverage instead of higher fat cream in coffee, tea, latte, or iced coffee slushy drinks.

Cut back on the sugar and syrups. Limit flavoured syrups by asking for half the amount or use sugar-free syrups.

Don't add whipped topping. The whipped cream on a 500 ml (16 oz) slushy coffee drink can more than 110 calories, over 2 teaspoons (11.5 g) of fat, and almost a teaspoon of sugar (3 g).

Avoid creamers. Use flavoured coffee beans instead of flavoured creamers.

Watch your portion sizes. Order the smallest size.

(Continued on Page 11)



OUR VIEWS

History lessons, awards, exhaustive search

HERE'S THE NEWS THAT MADE THE HEADLINES OF THE LAKELAND REVIEW AND ELK POINT REVIEW FOR THE WEEK OF JULY 2 IN...

1988

The newly completed Stoney Lake Pioneer Park was dedicated to the area's pioneers at its grand opening by MLA John Drobot, who spoke on the area's history dating back to 1760, when it was given that name by the Stoney Indians who fished its waters and traded smoked fish at the forts along the North Saskatchewan. Ralph Riemer was honoured by Sunshine Bus Lines when he retired after 14 years of driving a school bus for that company.

1993

Fort George and Buckingham House Interpretive Centre celebrated its first anniversary, with Director of Visitor Services Louise Crane, a descendant of Peter Fidler and his Cree wife, telling the crowd that the centre explains the fur trade from the Native viewpoint, and shows how the Native women helped to cross the cultural gap and create harmony between the two groups. Awards of Excellence went to 12 Elk Point Elementary students: Melanie Johnson, Kevin Frankiw, Julie Young, Tanya Pankiw, Kali Cousins, Dean Sereda, Levi May, Andrea Myshaniuk, Erica Nielsen, Michelle Hutton, Leanne Wilson and Jennifer Flanders, who had qualified twice for Grace Franks Awards.

1998

Elk Point Elementary's Grace Franks Awards went to Larissa Cochrane, Stephen Lind, Terri White, Elyse Anton-Roberts, Megan Miller, Mark Brodwin,

Brittany Ballas, Cindy-Lynn Harper, Ashley Murfin, Darby Brooker, Valerie Friesen, Megan Proskiw, Scott Lindquist, Amy Millar, Jonathan Burn, Kristin Campbell and Tracie Czerkowski. Heinsburg Elementary's most improved students were Joanne Saddleback, Louise Moyah, Jordan McNab, Randi Daniels, Genevieve Faithful and John Quinney.

2003

Doctor recruitment was ongoing, and the joint committee of town, county, chamber and Interagency Health Committee representatives and Dr. Drew Ramful met with Aspen Regional Health Authority representatives, and learned that it would be necessary to exhaust a search in Canada for a physician by advertising for a minimum of six months before searching outside the country. Grace Franks awards went to Madeline Ludlage, Logan Becker, Ashley Wozniak, Trevor Ballas, Joy Lambright, Taylor Cochrane, Tyson Moneta, Amber Ference, Brendan Bishop, Gregory Babcock, Brett Lindquist, Amber Babcock, Jordan Krankowsky, Eric Mosley and Nicole Kalynchuk.

2008

Good citizenship was stressed at Elk Point Elementary's Awards Day, where Brayden Vinge was the recipient of St. Paul Education Regional Division No. 1's Grade 6 Academic Award, as well as one of the Grace Franks Awards and academic honours. Awards Day came close on the heels of a big stick-up by accelerated readers, who read enough books that they were allowed to duct-tape teachers and teachers' aides to the gym walls.

The Elk Point Review publishes a variety of opinions as a contribution to debate on matters of public concern. Unsigned editorials express the view of this newspaper's editorial board which includes the Publisher and the Editor. Signed pieces express the view of the individual writer.

ELK POINT REVIEW

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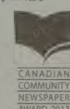
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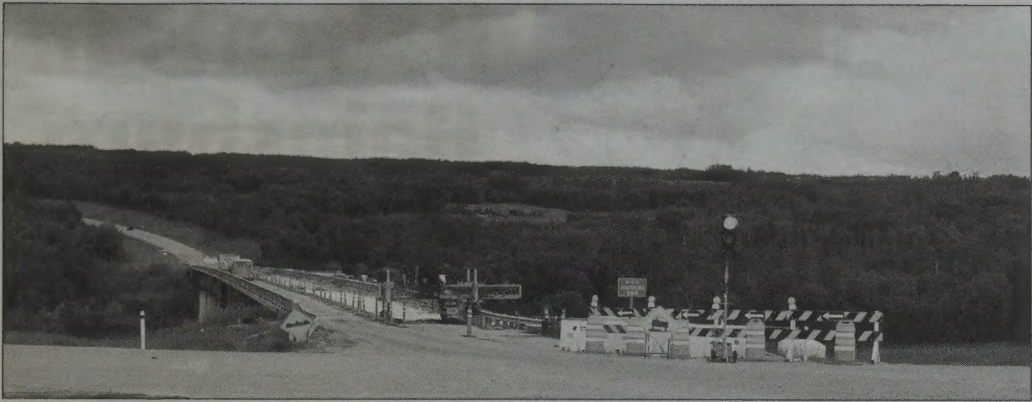
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Canada



Fall election

(Continued from Page 3)

He explains that when he chose to run as councillor, many of the key people who supported him wanted Upham to do at least two terms.

"My commitment out of the gate was for two terms," says Upham, adding, "The first term was a learning experience."

He says that in the past three years, the county has been moving to a more sustainable direction when it comes to finances.

"I think we've taken on some longer-term projects to move us in that direction," says Upham, adding, he believes council must use its budget to plan long-term.

As for goals he foresees if elected to another term, Upham believes the county will continue to work toward ensuring it is providing the best value to its ratepayers.

Another councillor who is finishing up his first term on council is Division 2 Coun. Dwight Dach. He too is seeking re-election this fall.

"I am definitely going to run for another term," says Dach, adding, he would like to keep working at sustaining the infrastructure that services the county ratepayers, which includes everything from emergency services to community services, such as senior lodges and libraries.

He adds that the county's roads are undoubtedly a priority for him also.

"I feel roads are the most important to our daily way of life, but it is a challenge to build

and keep them in good repair," says Dach, pointing to a short construction season being challenge.

Dach agrees that his first term on council involved a learning curve, but feels fortunate to have been able to work alongside an experienced council, administration and public works staff.

"They definitely have their ratepayers interests at heart," says Dach.

Yet to make a decision regarding the upcoming election is long-time Coun. Frank Sloan, who represents Division 5, the Ashmont and St. Vincent areas. Sloan has been a councillor for 17 years and says he will make a decision closer to the election.

Division 1 Coun. Glen Ockerman is yet to announce whether or not he will be running for another term.

"Right now, I have to

talk to some ratepayers," says Ockerman.

Division 4 Coun. Maxine Fodness and Division 3 Coun. Cliff Martin will both seek re-election in October.

"My goal is to stay focused, continue to work on fair policies, and be fiscally responsible to promote opportunity and growth in our county," says Fodness.

Martin says he is very passionate about the work he does with the EMS board and wants to continue to provide the best service he can for the community. He is also interested in working toward finding a better solution in dealing with the county's oiled roads.

"The window of opportunity is so weather dependent," says Martin of the road construction season, adding, he believes the county has started moving in the right

direction.

"It's a balancing act," he adds.

Traffic light

There's a traffic light on the North Saskatchewan River, where renovations are underway on the Heinsburg Bridge, high above the churning waters below.



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THE TOWN OF ELK POINT Notices & Information



DEVELOPMENT APPLICATION

Permit #	Location	Civic	Developer	Development	Decision
13-16	Lot R Block 25 Plan 7069 MC	4822-54 Ave.	SJG Contracting	New Residence & Garage	June 25/13
13-17	Lot 7 & 8 Plan 6840ET	4613-50 Avenue	Rangeland Energy Savers	New Shop	June 26/13

Any person claiming to be affected by the decision made by the Development Officer may appeal by writing a NOTICE OF APPEAL to the Secretary of the Development Appeal Board, Box 448, Elk Point, Alberta within 14 days from the first publication of this notice giving reasons for the appeal. Such appeal shall be accompanied by a certified cheque or money order in the amount of one hundred fifty (\$150.00) dollars.

Dated this 28th day of June A.D., 2013

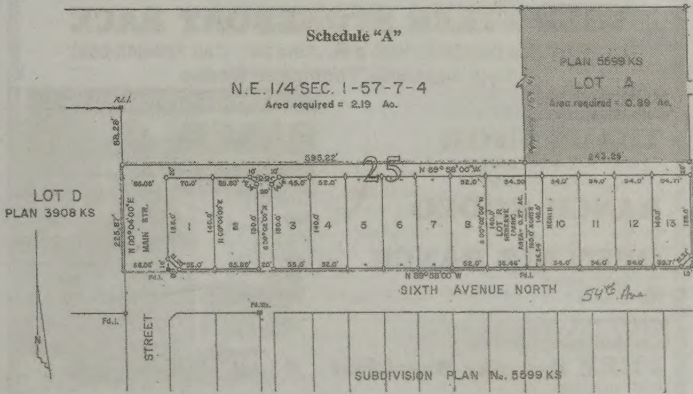
Myron J. Goyan, Development Officer

Town of Elk Point

NOTICE OF PUBLIC HEARING Bylaw No. 721/13

TAKE NOTICE that pursuant to the Municipal Government Act, R.S.A. 2000, as amended, the Council of the Town of Elk Point proposes to adopt Bylaw No. 721/13 for the Town to enact:

- Schedule A, the Land Use District Map, is hereby amended by changing that designation of Lot A, Plan 5599KS, as indicated on Schedule "A" attached hereto, from Highway Commercial (C2) to Residential (R2).



A copy of the proposed bylaw may be reviewed and inspected by the public at the Town of Elk Point Office during the hours of 8:30 AM to 4:30 PM, Monday through Friday.

At 7:00 PM on July 8, 2013, the Council of the Town of Elk Point will cause a Public Hearing to be held in the Town Council Chambers at the Town of Elk Point Office, at which time objections or comments regarding the proposed bylaw may be given and received.

Myron Goyan, Manager
Town of Elk Point
Box 448, Elk Point, Alberta
T0A 1A0

Dated at Elk Point, AB this 26th day of June, 2013.



The County of St. Paul No. 19
Agricultural Service Board

will be hosting a

"Oxeye Daisy / Thistle Control Demonstration"

Friday, July 12, 2013

From 1:00 to 3:00 pm

Tour Location: Four miles west of Ashmont
at the corner of Hwy. 28 and Hwy. 866.

Interested landowners with questions about weeds, specifically oxeye daisy and thistle are urged to attend.

Experts will be on hand to answer any questions about how to control oxeye daisy and thistle.

For further information, please contact:
Keith Kornelsen, Asst. Agricultural Fieldman
Ph. 780-645-3006, Ext. 236
or 780-645-0154 Cell



County of St. Paul No. 19

TAKE NOTICE that the following Development Permit has been issued in accordance with Land Use Bylaw No. 2013-11 of the County of St. Paul No. 19.

PERMIT # LOCATION

13-D0096 N.W. 28-56-8-W4M

Relocation of 1979 Manufactured Home.
Land Use District: Agricultural District (A)
Discretionary Use

Any person claiming to be affected by the said Development, may appeal within fourteen (14) days of this advertisement, to the Subdivision and Development Appeal Board by serving Notice of Appeal to the Secretary of the Subdivision and Development Appeal Board of the

County of St. Paul No. 19 5015-49 Ave., St. Paul, AB., T0A 3A4

The appeal letter must contain at least one reason for appeal and if the development permit is a permitted use under the land use bylaw, no appeal applies unless the provisions of the bylaw were relaxed, varied or misinterpreted in the decision of the Development Authority. The appeal fee is \$200.00 (refundable if appeal is successful).

July 2, 2013

Krystle Fedoretz, Development Authority Officer



Haircuts in Heinsburg

Celebrity barbers shear teachers after fundraising goal reached

By Vicki Brooker
Review Staff

What started out as a way to collect funds toward Heinsburg Community School student field trips has ended up as a water container filled to the brim with as-yet-uncounted donations headed for Haying in the '30s Cancer Support Society.

When the focus of the collection changed to this new goal earlier in the school year, five male staff members encouraged the students to gather more donations by offering to have their

heads shaved if the jug was filled by the end of June.

One of the five, principal Rob MacDonald, lost his hair to chemotherapy since that time, while another, Claudie Wood, with family pictures in the offing, postponed his new 'do until school resumes in September, leaving vice-principal Troy Runzer and teachers Keith Dawson and Daniel Peterson as the stars of last Wednesday's shearing session.

Runzer welcomed the students to this final assembly of the school year, and told them that finding enough coins to fill the jug provides "much needed resources to support people receiving treatment for cancer. Local families will benefit, and cancer research gets a boost every time that patients are helped. We have living proof of the benefit of research - Mr. MacDonald is alive and well thanks to Alberta's medical system."

What started out simply as a fundraiser, Runzer added, "is now a brotherhood kind of thing," giving moral support to the principal.

Two celebrity barbers - MLA Shayne Saskiw and Skills Competition finalist Benny Moyah - then picked up the clippers as Runzer and Dawson struggled into "Edmonton Eskimo rain suits," more commonly known as black garbage bags.

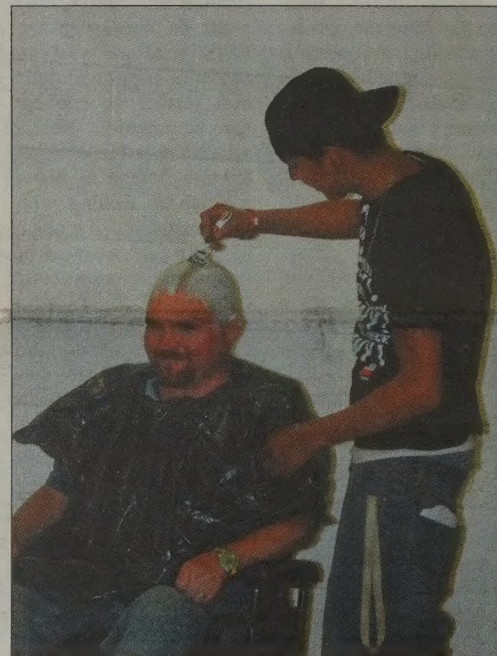
"Although we're doing this in fun," Dawson said, "The message is very clear, it's to support every family touched by cancer."

Saskiw said his only previous barbering experience had involved clipping cattle, and Moyah more familiar with sandpaper than clippers, but the two set to work as the students cheered them. With their first two customers emerging unscathed, Moyah then took on a second challenge as he gave Peterson a close trim, followed by a handful or two of lather and a razor. Students chanted, "Shave the beard! Shave the beard!" to no avail, since that extreme was not part of the bargain.

The three emerged with cool new looks, but Peterson's beard intact.

Off it comes!

Three Heinsburg teachers are sporting cool new 'dos in the name of aiding a great cause. Vice-principal Troy Runzer lost his locks to clippers wielded by MLA Shayne Saskiw, while teachers Keith Dawson (above right) and Daniel Peterson (right) were sheared by grad Benny Moyah, who is well known for his woodworking skills, but a newcomer to the barbering world. Students, staff and other donors filled the jug at left to overflowing with coins as a donation to Haying in the '30s Cancer Support Society.



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GRAVEL: Road Gravel, 1.5" Gravel, Pea Rock

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July 6 & 7, 2013

Saturday 6:00 p.m.

Sunday 2:30 p.m.

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Local Entries Deadline: 1:30 p.m. June 24 ~ Call 780-646-0927

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Contact Lorraine 780-724-2186

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1 p.m.

OPEN AIR DANCE

DJ - Jason Conrad

No Minors

SUNDAY

FREE Pancake Breakfast

8:30 - 10:30 a.m.



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Stoney Lake Community Association

Kevin Wirsta, President - Ph. 780-614-5959

Faye Poitras, Rodeo Chair - Ph. 780-646-0424

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or 9 miles southwest of Elk Point



Citizenship Awards, Grades 3 and 4

Citizenship Awards were presented by school board trustee Darrell Younghans to (not in order) Grade 3A students Brendan Cameron, Teaghan Jacobson, Kori Kozicki, Abby Rybchinsky, Kobe Warawa and (not shown) Karson McKenzie; 3B students Kendra Porcina, Taylor Swedgan, Jaden VanMaarion and Avery Warawa; 4A students Liam Ludlage, Rachel Zacharuk and (not shown) Emily Dreichel; and 4B students Sadie Baker, Dallas Bristow, Jake Germain, Slader Hardcastle, Evan Ockerman, Charlie Rogal, Jorja Theriault and (not shown) Maja Harms.



Citizenship Awards, Grades 5 and 6

Citizenship Awards were presented by school board trustee Darrell Younghans to (not in order) Grade 5A students Dylan Ference, Cayleb Gusnowski, Hayden Ludlage and Mickal Pilisko; Grade 5B students Tennille Ballas, Kolbie Poitras, Hank Rogal and Colton Van Maarion; 6A students Nicole Bristow, Adana Pinder, Kayley Quinney-Cardinal and Samantha Urquhart; and 6B students Macey Drobot, Mackenzie Evans, Zea Germain, Brooke Krider, Madison Krider and Connor Popiel,



Bespalko Memorial Awards

Ed and Joanne Bespalko were on hand at the ceremonies to present this year's Bepalko Memorial Awards to Grade 3 student Jaden VanMaarion and Grade 5 student Paige Henderson in recognition of their athletic skills, leadership abilities, positive attitude and good sportsmanship.

Awards Day at Elk Point Elementary

Vicki Brooker photos



Grade 6 Academic Award

School board trustee Darrell Younghans presented the St. Paul Education Regional Division No. 1 Grade 6 Academic Award to Alyssa Duncan

UPCOMING AUCTIONS

Saturday, July 13, 2013 at 10:00 A.M.

ESTATE OF ALBERT (AL) HASKELL

Sale Location: From Dewberry, 8-1/2 Miles North on Sec. Hwy. 893 to Twp. Road 550, 3 Miles East to Rge. Road 40, on South Side. Watch for Signs.

ACREAGE & EQUIPMENT

Pt of NE 36-54-4-W4 21.3 Acres, New Subdivision, 2 Houses, Hip Roof Barn, Shop, Shed, Good Well. **** Auctioneer's

Note: Acreage Sells at 1:00 P.M.****

TRACTORS: MF1155* 1978 Case 1070 (FEL, Dual Hyd & Power Shift)* MM G1000 Wheatland* Oliver 770 (Single Hyd., 540 PTO)* Oliver 88 (Not Running)* McCormack Deering 1530 (Not Running)* MM Wheatland (Parts); **FIELD EQUIP:** Cockshutt HD Cultivator With Mount-On Harrows (24")* IH Vibra-Shank Cultivator With Mount-On Harrows (28")* Melroe 204 Press Drill (2-8" Sections With Fert Att)* Case MD Cultivator (24")* Case HD Cultivator With Degelman Harrows* Small Case Cultivator* Massey Sickle Mower (7")* Swather Mover* Case HD Cultivator* Versatile Field Sprayer (60")* Sprayer Tank* (10) Cultivator Sweeps (15-16")* **OLD EQUIP, ETC:** Massey 510 Combine (Not Running)* (2) Older Combines (Parts)* Cockshutt Swather (Parts)* JD 800 SP Swather* Oscillating Harrow Draw Bar* Old Pump Spout* Old Pump Engine; **SHOP & MISC:** Large Assortment Of Sockets, Combination Wrenches, Pipe Wrenches & Crescents* Tool Boxes Full Of Tools* Coleman Air Compressor* Campbell Air Compressor* Lincoln AC 225 Amp Welder* Banjo Water Pump* Poulan Chain Saw* Delta Band Saw* Beach Tool Box With Sockets, Wrenches, Etc* Stanley Tool Box With Tools* Large Assortment of Power Tools, Shop Tools & Supplies* Furniture Moving Dolly* Vet Box With Supplies* Metal Posts (Aluminium Wire)* Trailer Hitch Receiver & Ball; **YARD EQUIP:** MF GC2400 Yard Tractor (DL100 FEL, 3PH, Roll Bar & 5' Mower, 165 Hrs., Approx 2-3 Yrs. Old)* Buhler 620 Farm King Rough Cut Mower (62" Deck)* Yard Tuff Lawn Sweep* Quad Trailer (6'4"x5'7")* Utility Trailer (4'x3")* Back Pack Sprayer (15L, Like New)* Lawn Aerator* Hand Weed Sprayer* Efc Weed Eater With Brush Blade* Push Lawn Mower With Bagger (21")* (2) Lawn Spreaders* Wheelbarrow; **HOUSEHOLD & COLLECTIBLES:** Buffet* Roll Top Desk* Dresser* Desk/Bookcase Combination* Tube Radio* Piano (Newcomer By Mason & Reich Piano Co., Toronto)* Piano Stool/Glass Ball Feet* Wardrobe* Wooden Table* Cream Can* Shelving* Chair* Iron Bedstead (Brass Tops); **MISC:** Old Go-Cart* Assort Of Tires* Jerry Cans* New Rim* Tow Cable* Little Red Wagon* Wagon With Rack* Auger Hopper* Fuel Tank/Large (500 Gal., 1/2 Full Of Diesel)* Fuel Tank/Stand (300 Gal.)* Pet Carrier* Manual Tire Changer* Portable Combine Sampler* 3 Speed Bike* Foam Marker Control. **For more information, please call Janet or Lawrence at 780-962-2662 or 780-975-7222.**

Tuesday, July 16, 2013 at 7:00 P.M.

LAND AUCTION

NE 4-53-11-W4 County of Minburn

Sale Location: Super 8 Motel, Vermilion, AB.

Land Located: From Innisfree, 11 Miles North on Sec. Hwy. 870, 1 Mile West on Sec. Hwy. 631, 1/2 Mile North on Rge Road 113.

REMARKS: 157 acres +/- 105 acres of hayland. Old building site with utilities near. Hay crop to be sold with land. **For more info., please call Stewart Realty & Auctions at 1-800-269-8580.**

Sat., Aug. 24 - Ed & Bob Kobewka / Equipmand & Land, Derwent

List is subject to additions and deletions. This listing is only a guide and in no way a guarantee of size, description or year.

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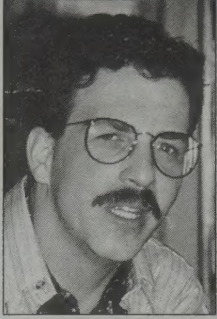
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everyone!*

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summer,
students
and staff...
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deserve it!*

IN MEMORIAM

BERG, Dennis John



In loving memory of our Dear Son and Brother, who passed away on July 2, 1989.

*They say there is a reason,
They say that time will heal,
But neither time nor reason,
Will change the way we feel
A cluster of beautiful memories,
Sprayed with a million tears
Wishing God had spared you
But for a few more years.
Thanks for the years you gave us
And the happy times we shared
We only pray that when you left us
You knew how much we cared
It is lonely here without you Dennis
We miss you more each day
The fact that you're no longer here
Will always cause us pain.
For our lives have greatly changed
Since you were called away.
God may have you in his keeping,
But we have you in our hearts
Until we meet again, all our deepest love
"Always in our thoughts"*

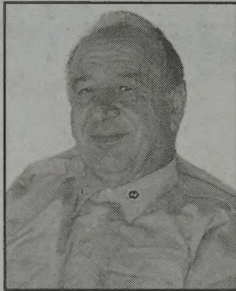
Mom, Dad, Rusty & Family
and Sharon and Family.



OBITUARY

ZACHARUK, Peter

July 1, 1935-June 19, 2013



On June 19, 2013 Peter Zacharuk of Vegreville, Alberta formerly of Elk Point passed away at the age of 77 years.

Peter is survived by his siblings Betty Clayton, Elsie Swift, Walter Zacharuk and Victor Zacharuk.

Cremation has taken place. A Memorial Service will be held at a later date. Memorial donations may be made to the Alberta Diabetes Foundation (1-020 Li Ka Shing Centre for Health Research Innovation University of Alberta Edmonton, AB, T6G 2E1.)

Autumn Rose Funeral Home Ltd., Vegreville, 780-603-5800.



Spruced up community sign

As part of a CTS module on community service, CTS instructor Veronica Montgomery and her students repaired, painted and planted flowers around Heinsburg's very handsome community sign that greets everyone entering the community. A grant from the Heinsburg Community Club and assistance from local resident Evan Finlay helped Montgomery, Jewel Stanley, Justine Stanley, Erin Jackson, Cambria Bigsky, instructional assistant Mrs. Braithwaite and school secretary Marie Zayac to give the sign a fresh new look.

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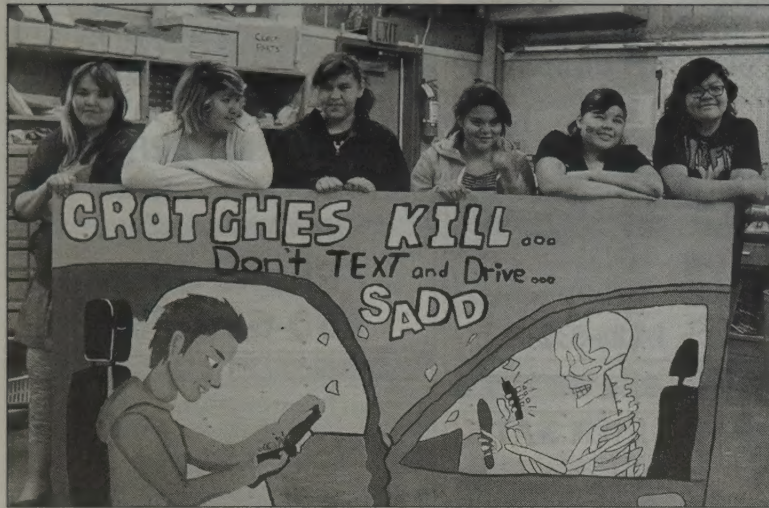
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Heinsburg Community School students and SADD (Students Against Destructive Decisions) group members (left to right) Avery Abraham, Morrihan Daniels, Freedom Dion, Sunrise Moochewienes, Erin Jackson and Kerri Walker display a sign designed by Daryle and Tyra Fisher that warns the public about the dangers of texting while driving. This sign is slated to be set up at Frog Lake, while two other signs were created by the group will be installed along the Murphy Road and in Heinsburg.

Library set for summer

By DAPHNE SCHNURER
Librarian

Elk Point Municipal Library is ready for a busy summer, with the summer hours starting today and the Summer Reading Program starting next Tuesday.

From now until Labour Day, we will be open from 10 a.m. until 5 p.m. on Mondays, Tuesdays and Thursdays, noon to 7 p.m. on Wednesdays and 10 a.m. to 3 p.m. on Fridays, and closed Saturdays, giving our staff more time on the weekends to enjoy the summer.

Our Summer Reading Program starts July 9, and will run Tuesday and Thursday afternoons from 1 p.m. to 3 p.m. until Aug. 13, with stories, games, crafts and even a field trip or two on our schedule. Drop in at the library or phone 780-724-3737 to find out more about the program.

JB Service 780-645-0873

Are you looking for some bobcat work to be done?

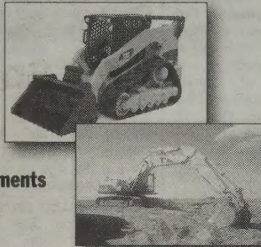
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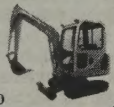
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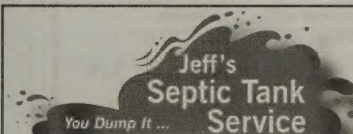
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CLASSIFIED INDEX

0000	Announcements Directory
1000	Employment Directory
2000	Arts & Entertainment Directory
3000	For Sales Directory
4000	Agriculture Directory
5000	Real Estate Directory
6000	Automotive Directory
7000	Services Directory
8000	Home Improvement Directory
9000	Personals Directory

130. Coming Events 130. Coming Events

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1040. Careers 1040. Careers

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130. Coming Events

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200. Business/Invest. Oppor.

MEADOW LAKE business for sale. Self-serve car wash + r/o water vending station + computer repair business. Also 1000 sq. ft. of unused indoor space to develop. Serious enquiries only. Please phone 306-236-3339; 306-240-7778 or email: garye@sasktel.net

1100. Farm/Agriculture

FOUR 2500 BU STEEL Westeel Roscoe grain bins for sale. To be moved. \$2000.00 each. Phone 306-583-9087.

1500. Help Wanted — Alta.

5 WORK FROM home positions. Part-time or full-time with training available. No phone calls: www.momoneymommy.com. E m a i l : trishbanack@gmail.com.

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1500. Help Wanted — Alta.

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MORGAN CONSTRUCTION & Environmental Ltd. - Looking for experienced Heavy Equipment Operators, Foreman and Project Managers for work in oilfield & heavy civil construction projects. Competitive wages, full benefits & opportunity for year round work. Please apply online at www.mcel.ca under the career section.

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OPENINGS in Alberta areas for Highway Maintenance Class 1 or 3 Operators. Full-time and part-time positions available. Fax resume to Carillion Canada at 780-449-0574 or email: mcroft@carillionalberta.ca. Positions to start Oct. 15, 2013. Please state what position you are interested in.

REPORTER/PHOTOGRAPHER needed for Lakeside Leader weekly newspaper in Slave Lake, Alberta. Please contact Joe McWilliams at 780-849-4380. Email: joemac27@hotmail.com.

SERVICE MANAGER required for HiLine Farm Equipment in Wetaskiwin. Excellent compensation package for the right individual. Experience as a Service Manager or Shop Foreman is a must. HiLine is a Case & New Holland operation located only 40 minutes south of Edmonton. Please submit resume in confidence to: lori@hilinecn.ca or mail: HiLine Farm Equipment, 4723 - 39 Ave., Wetaskiwin, AB, T9A 2J4. Attention: Lori Hare.

TWO LICENSED Technicians, Harwood Ford Sales, Brooks, Alberta. Unlimited hours, great benefit plan, new facility, rate of pay very negotiable. Contact Brian Seibel, Service Manager. Call 403-362-6900. Fax 403-362-2921. Email: bseibel@harwoodford.com.

WEEKLY INNISFAIR Province newspaper in Alberta seeks reporter for two-person newsroom. See ad on www.jeffgaulin.com or contact lsmaidon@olds.greatwest.ca.

3010. Auctions

AUCTION: Antique tractors, project cars; Massey, Farmall; Falcon w/429; Sunset House, Alberta. Saturday, July 20, 2013, 10 a.m. Call 780-524-6844 or visit www.ironhorseauctions.ca.

1005. Help Wanted



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3010. Auctions

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3210. Misc. For Sale

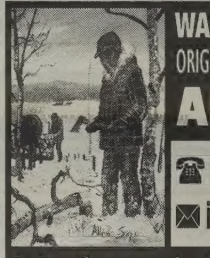
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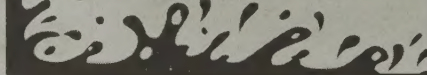
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P.O. Box 147, Mallaig, AB., T0A 2K0
Attn: Doug Moisey
Or email to: jeff@rpmcontracting.ca

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Email: don.paquette@huskyenergy.com

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Fax: 780-573-1282
Website: dmloilfield.com

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5003. Real Estate MISC.

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7999. Too Late To Classify

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7245. Misc. Services

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7999. Too Late To Classify

7999. Too Late To Classify

B-and-E, theft at Laurier Lake

SGT. DAVID CASEY

Elk Point RCMP

On the early morning of Monday, June 24, Elk Point residents may have noticed a number of vehicles, including an RCMP armoured vehicle, at the Elk Point fire hall. Members of the Elk Point Detachment, the RCMP Emergency Response Team from

8005. Services

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Edmonton, and members from the St. Paul Detachment were completing a briefing prior to executing a search warrant on a residence in the Frog Lake First Nations.

As a result of this warrant, a resident of the Frog Lake First Nations, Philip Faithful (38) was arrested without incident. Mr. Faithful faces a number of criminal charges including possession of firearms while prohibited and possession of a controlled substance.

Elk Point RCMP are requesting the public's assistance.

On Thursday, June

27, the Elk Point RCMP received a complaint from a resident at Ernie's Beach in Laurier Lake, of a break and enter and theft of property. A shed was opened and the following items were taken: Stihl Chainsaw, MS170 model, Serial: 283076570; 1991 Yamaha ATV, BB35 model, dark green in colour, Serial: JY43HNN0SNC0 73976.

The Elk Point RCMP received a call from a concerned resident of the Fishing Lake Métis Settlement that there were two unknown males attempting

to sell a chainsaw and fuel in the community. Members patrolled the area and were not able to locate the males.

Anyone with information about this or any crime is asked to contact the Elk Point RCMP or Crime Stoppers. Crime Stoppers does not subscribe to caller ID or call display. All calls and web tips are anonymous and you can receive a reward. If you have any information about any crime, call 1-800-222-8477 (TIPS) or submit your tip safely and securely online through www.crimestoppers.ab.ca

Healthy drinks

(Continued from Page 4)

Adults should limit their caffeine intake to 300mg to 400 mg of a day. This would be equal to two to three cups or 500-750 ml of coffee per day. Caffeine is found in coffee and coffee-based drinks, teas, colas, and energy drinks.

What about smoothies? Smoothies are becoming more popular and are readily available from various juice/smoothie bars and restaurants. But buyers beware! Although these drinks may be advertised to contain healthy ingredients they often have high amounts of sugar and calories and are served in larger portion sizes. Although different brands of drinks have different amounts of calories a large (540 ml or just over 16 oz) commercial smoothie can have 340 calories.

Check the label or ask for nutritional information before choosing a smoothie.

Homemade smoothies can be a healthy drink choice. Use healthy ingredients and plan to have a smaller portion size. Use ingredients such as fresh or frozen fruit ice and low fat milk or yogurt.

Smoothies do not need to be sweetened with added sugar or juice. It's best to choose whole fruits and vegetables instead of 100% pure juice as they contain fibre and help you feel full longer. Limit juice to a half-cup (125ml) per day.

Did you know the body does not register the same feeling of fullness when we consume calories in beverage form then when food is eaten or chewed? The addition of beverages in your diet does not generally mean that less food will be eaten at a meal or later in the day.

For more information visit the Choose Healthy Drinks page on the Alberta Health Services website at www.albertahealthservices.ca/6466.asp



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The successful candidate will:

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- Clean, lubricate and perform other routine maintenance work on equipment;
- Attach components and adjust new farm equipment;
- Keep shop area clean and working area free from hazards;
- May be required to work outside in all weather conditions;
- Have excellent interpersonal and customer service skills;
- Possess excellent communication skills, written and verbal;
- Work independently and as part of a team;
- Have general computer skills, navigation ability and various computer program knowledge;
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Contact number 780-875-4471

We thank all interested candidates for their time and efforts; however only candidates we wish to interview will be contacted.





Our cooks, Les Tymko and Patsy Spacil.

4-H Beef winds up year

By ROY AND HEIDI
TYMKO
Elk Point 4-H Beef
Club

What a long past two

months we had having so much fun in Elk-Point 4-H. The club appreciates all of our sponsors and buyers for their support

in both our club show and district show and sale. With all of your support in buying tickets on our Stollery calf, the club was able to give \$6,200 towards the Stollery Children's Hospital.

We really appreciate Shamrock Valley for donating the calf and K-Cow Ranch for donating the feed for the steer. Boychuck Ventures generously donated our tack boxes and blower and we also appreciate Shady Lawn Stock Farm's donation of ribbons for our club show. Finally we would like to express our appreciation to our buckle sponsors, Grand Champion Steer - Elk Point Co-op, Reserve-Grand Champion Steer - Prairie Tech Oilfield, Grand Champion Female - Crestview Angus, Reserve Grand Champion Female - K-Cow Ranch.

We held a successful buyers supper with the wind keeping the rain away on Wednesday, June 12. On June 22 we had our year end party at Lupuls'. We all went tubing and swimming in Lac Santé. You will see us Monday, July 1 in the Elk Point Parade.

Below, some of the 4-Hers have fun at Lac Santé.

Photos by Mona Bristow and Heather Tymko



Last year member Taylor Robbie accepts her plaque from Janice Wirsta.



Last year member Larissa Lupul accepts her plaque from Janice Wirsta.



Stollery Calf sponsor Shamrock Valley Enterprises, Murry and Lisa Nielsen with the club members.



K-Cow Ranch owners Kevin and Janice Wirsta and family, sponsors of feed for the Stollery Calf, with the members.



Leaders and members with their year-end awards, which were plaques with their achievements and pictures of their projects



Members express their thanks to a representative of Boychuck Enterprises, sponsor of our tack boxes and blower.